



## Tips to Remember



As learners of all ages adjust and transition to learning from home during the pandemic, here are some helpful tips for teachers and parents:

### **Flexibility is key in remote learning delivery •**

Schedules and routine are important to help provide a sense of structure, but these are unsettling times and education must fit into the realities of life. Minimize stress and increase your chances of success by avoiding real-time activities wherever you can.

### **Consider equity and inclusion •**

A few learners may not have reliable access to computer equipment or the internet so be careful about using cutting edge technologies. Consider lowbandwidth options such as voice calls or group emails and other options that will work on smartphones and tablets, as well as computers.



### **Use technology to foster human connection •**

We all miss social contact with friends, so where technology is used for real-time activities, use that time to connect and interact with others, rather than simply observe. Use technology creatively and compassionately to keep learners connected.

### **Be aware of privacy and security issues •**

The move to remote learning has taken learners from the more public spaces of school into their private home spaces. Be mindful about which areas of the home are exposed, and of data privacy issues. Consider whether it is always appropriate to use webcams for example.

### **Remote learning does not have to mean extensive screen time •**

Use technology to deliver activity plans and learning materials that can be completed offline. As well as issues with access to technology, too much screen time can be tiring, especially for younger learners. Incorporating variety and space for learner agency is vital.

### **Support learners to become familiar with technology •**

In normal circumstance, we would carefully plan how to introduce new tools and teach learners to use them appropriately and sensibly. To respond to this pandemic, we've had to make the move to remote learning without that preparation. Avoid high-stakes activities that rely on technology and focus on building confidence and comfort with a few simple tools and activities.

### **Ask learners to explain their understanding of remote learning •**

This will help them talk about anxiety they may be feeling, uncover questions or points of confusion, and help to set expectations appropriately. By having them work through developing a plan for the week, you may learn about barriers or concerns they are facing.

### **Separate work and home spaces •**

Many of us are working in our living spaces and while it is important to have a comfortable and ordered workspace, at the end of each day, remember to transform the home back into a home space. Put away technology and homework.



**More information and resources are available** on the Moving Education Online site at <https://www.movingeducationonline.org/>